



MENU SUGGESTIONS

Here are some suggestions for providing meals for our young men on Tuesdays and Thursdays. Contact Vickie Albritton (vickie@freedomhoops.org) with questions.

Freedom Hoops has a supply of plates, forks/spoons, napkins and cups. Players like to have dessert. Our usual is a package of fruit snacks or store bought cookies. Thank you for serving our youth in this manner.

TACOS

- 15-18 lbs ground beef
- 100 shells (crunchy or tortillas)
- 1 head lettuce
- 48-50 oz salsa
- 2 - 16 oz sour cream
- 10 cups shredded cheese

Optional side items:

- 50 pieces of fresh fruit (apple, banana, oranges)
- 3-4 16 oz cans refried beans
- [Corn pudding](#) - 2 batches
- Spanish rice (10 boxes Rice a Roni)

HOT DOGS:

- 100 hot dogs
- 100 buns
- Ketchup, mustard, relish
- 50-60 oz of chips (2-3 varieties)
- 4 48 oz jar applesauce

SPAGHETTI:

- 8-10 lbs meat
- 6 lbs of pasta
- 240 oz sauce
- 4-6 bagged [salad kits](#)
- 48 rolls

Scaling up your favorite family dinner is really perfect! We feed around 15 adults and 25-35 middle and high school students each Tuesday and about 35 total (fewer coaches) on Thursdays.

If take-out is more your thing:

Raising Cane's:

- Tailgate, 100 fingers, \$116.99
- 3 bags family size chips
- 30-50 pieces of fresh fruit

Kentucky Fried Chicken 10 Piece Feast: 6 or 7 orders, located 4700 Troost

Taco Bell–Taco Party Pack

- 12 tacos for \$19.99 (8-9 orders)
- 30-50 pieces of fresh fruit or 4 bags of [kit salad](#)

Price Chopper Egg Roll Sandwich Tray

- Serves 36, \$69.99
- Chips and fruit or other side

Chick-Fil-A nugget tray

Chick-Fil-A mac and cheese tray